

2015 NATIONAL CHAMPIONS... GREATNESS AWAITS!!!



2015-2016 All-Star PREP Team

November 2015- March 2016

Be a part of the award winning Action Athletics All Star Prep Family! The 2015-16 All Star Prep season will start with the first practice on November 3rd and runs through March 2016.

PARENT INFO MEETINGS

TUE, OCT 13th 7:00pm

or

THU, OCT 15th 7:00pm

(All Meetings approx 30 minutes depending on Questions)



What to Bring

- ☐ Complete waiver/account registration online @ www.actioncheer.com
- ☐ Copy of Birth certificate

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**No prior Experience needed to be an Action Athletics All Star PREP team member!**

**Limited spots available...Last Season's team filled up so don't delay registration.**

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[www.ActionCheer.com](http://www.ActionCheer.com)



### What to expect

You'll learn motions, jump, tumble, and stunt in a 2 minute choreographed routine.

All practices will be on Tuesdays & Thursdays between 6:30-8:30 depending on team placement. (Team practice time (including tumbling will total 4 hours per week)

Each All Star Prep team will compete in two competitions as well as the Action Athletics End of the Season Showoff!!!